A Collection of Beautiful Questions

compiled from various sources by The Ripples Guy, edited 5/25

Level One: Light and Fun (Initial Conversations)

For breaking the ice and keeping things light. These questions are low-risk and great for getting people to share without overthinking.

1. What is your favorite food?
2. What is your favorite place to eat?
3. What is your favorite smell and why?
4. What is your favorite sandwich and why?
5. What is your favorite dessert?
6. What is something you tried to like but couldn't?
7. What were you like as a child?
8. What is among the best gifts you've ever received?
9. What do you like to eat during hot weather?
10. What do you enjoy doing during the winter?
11. What makes a good weekend?
12. What's among the worst smells you've ever experienced?
13. Are you friends with any of your classmates from school?
14. What does a perfect Sunday look like?
15. Who is someone you look up to?
16. What is one of your favorite memories from this year?
17. What's the hardest you've ever worked?
18. What is your favorite childhood toy or game?
19. What 2 or 3 travel destinations are currently on your bucket list?
20. What's the first movie you remember seeing in the theater?
21. What recent book or show kept you enthralled?
22. What was a particularly memorable vacation?
23. What household chore do you hate the most?
24. What meal could you eat every week forever?
25. What are your favorite parts of your job/school year?
26. What's the strangest food you have tried?
27. If you could have any superpower, what would it be?

Level Two: Shared Stories and Personal Preferences (Comfort Zone Conversations)

For when you're past the first impressions and ready to share a bit more about yourself.

1. What do you enjoy doing to relieve stress?
2. What are 4-5 things that are still on your bucket list?
3. What are your go-tos for self-care?
4. What could you give a 30-minute presentation on with little or no preparation?
5. What is the best thing that happened for you lately?
6. Of those who've had a huge influence on your life, tell us about one person who would for sure make the list.
7. What is a piece of advice that someone gave you that has proven to be valuable?
8. What is a tradition from when you were younger you'd like to keep in your life?
9. What is the most valuable thing someone did for you in the last month or so?
10. What is the most valuable thing you did for others in the last month or so?
11. What is a skill you want to learn?
12. What is the most exciting trip you have ever taken?
13. What were you like as a child?
14. What has been an especially memorable birthday?
15. What's one thing you'd love to learn more about?
16. What's the most surprising self-realization you've had?
17. If you could live anywhere in the world for a year, where would it be?
18. If you could have an extra room in your house, what would it be?
19. What sound advice did you receive from a parent/elder?
20. What is exciting in your life at this very moment?
21. If you could drop everything and go on a spontaneous road trip, where might you go?
22. If you were a teacher, what subject would you teach?

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Level Three: Connection and Reflection (Once We've Chatted a Bit)

These questions dig a bit deeper, touching on personal insights, values, and experiences.

1. What do you consider to be a great accomplishment of your life so far?
2. Where do you feel at home?
3. What does your BEST SELF know about YOU that is sometimes difficult to remember?
4. What would you benefit from doing more often?
5. What book, movie, or TV show shifted how you look at the world?
6. What is the most out-of-character thing you have ever done?
7. When do you feel most secure?
8. When do you feel out of place?
9. When do you feel most content?
10. If you could pick anyone (dead or alive), who would you shadow for a day?
11. What does "a life well lived" look like to you?
12. What is the most surprising self-realization you've had?

Level Four: Vulnerability and Depth (Deeper Dive)

These are the soul-baring, introspective questions that really help people understand each other on a meaningful level.

1. When was the last time you took a leap of faith and found out you could fly?
2. How do you let yourself down?
3. Describe a time when you let someone down.
4. What conversation do you need to have to set yourself free?
5. If you were given a year to live, what would you stop doing, and what would you start doing?
6. What have you learned about life from loss or death?
7. What have you learned about love?
8. Where is your fear of responsibility preventing you from taking the next step?
9. Tell me about a time that you fought yourself.
10. What do you think is the meaning of life?
11. Where are you not accepting that you're part of the problem?
12. What did you learn late in life?